



National Nutrient Database for Standard Reference  
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Statistics Report 03246, Babyfood, dessert, custard pudding, vanilla, junior

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Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water	g	79.31	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Energy	kcal	86	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Energy	kJ	360	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	03/2005
Protein	g	1.76	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Total lipid (fat)	g	0.98	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Ash	g	0.37	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Carbohydrate, by difference	g	17.58	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Fiber, total dietary	g	0.2	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Sugars, total	g	12.20	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sucrose	g	9.34	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	08/2004
Glucose (dextrose)	g	0.26	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	08/2004
Fructose	g	0.26	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	08/2004
Lactose	g	1.70	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	08/2004
Maltose	g	0.00	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	03/2003
Galactose	g	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2004
<b>Minerals</b>													
Calcium, Ca	mg	54	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Iron, Fe	mg	0.22	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Magnesium, Mg	mg	5	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Phosphorus, P	mg	55	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Potassium, K	mg	68	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Sodium, Na	mg	26	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Zinc, Zn	mg	0.30	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Copper, Cu	mg	0.010	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Manganese, Mn	mg	0.010	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Selenium, Se	µg	2.4	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997
Fluoride, F <sup>1</sup>	µg	4.0	2	--	4	4.4	1.0	--	--	1	Analytical or derived from analytical	--	06/2006
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	0.4	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/1997
Thiamin	mg	0.012	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Riboflavin	mg	0.054	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Niacin	mg	0.076	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Pantothenic acid	mg	0.232	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
Vitamin B-6	mg	0.030	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Folate, total	µg	6	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	6	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Folate, DFE	µg	6	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Choline, total	mg	29.9	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Vitamin B-12	µg	0.23	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2005
Vitamin A, RAE	µg	13	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Retinol	µg	13	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Carotene, beta	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Carotene, alpha	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Cryptoxanthin, beta	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamin A, IU	IU	47	--	--	--	--	--	--	--	--	Manufacturer's analytical; partial documentation	--	04/1997
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Lutein + zeaxanthin	µg	39	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamin E (alpha-tocopherol)	mg	0.09	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2005

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin D (D2 + D3)	µg	0.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Vitamin D3 (cholecalciferol)	µg	0.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Vitamin D	IU	19	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Vitamin K (phylloquinone)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
<b>Lipids</b>													
Fatty acids, total saturated	g	0.325	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
4:0	g	0.003	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
8:0	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
10:0	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
12:0	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
14:0	g	0.009	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
16:0	g	0.222	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
18:0	g	0.078	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
Fatty acids, total monounsaturated	g	0.364	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
16:1 undifferentiated	g	0.030	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
18:1 undifferentiated	g	0.331	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
20:1	g	0.003	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
Fatty acids, total polyunsaturated	g	0.128	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:2 undifferentiated	g	0.108	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
18:3 undifferentiated	g	0.004	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
20:4 undifferentiated	g	0.013	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
22:6 n-3 (DHA)	g	0.003	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
Cholesterol	mg	38	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1997
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/1997
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003

#### Sources of Data

<sup>1</sup>Steven Levy Fluoride data on infant foods and beverages, 2003 unpublished Fluoride data from Dr. Steven Levy, University of Iowa